

Harvard Counseling Center

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ADHD TESTING AND DIAGNOSIS

At HCC, ADD & AD/HD Evaluation is a targeted comprehensive assessment of childhood and current symptoms of children, youth, and adults. The Evaluation is specifically designed to diagnose (or rule out) ADD and AD/HD. The evaluation usually consists of the following tests:

Clinical Interview: There is a clinical interview to gain a better picture of you or your child's history and current symptoms.

Initial Assessment: This is the face-to-face session in which a comprehensive history taking and thorough assessment of current symptoms take place. At this meeting, the examinee will complete Brown ADD or Conner 3. For children, parent(s) or caregiver(s) may be given CONNERS 3 or Brown ADD Questionnaires to complete. If the child is in school, Teacher Rating Scales (TRS) may also be provided to get the complete picture of the child behavior at different settings.

Intellectual and Cognitive Abilities Assessment: Depending on the age of the individual WISC-IV (6 and older) or WAIS-IV (16 and older) intelligence test and Woodcock-Johnson III Cognitive Abilities Tests (children and adults) are administered and thoroughly evaluated for intellectual functioning and information processing abilities in several different cognitive domains.

Continuous Performance Test: At the second session, a computer assessment called T.O.V.A. (Test of Variable Attention) may be given, along with other tests of memory, processing speed, and executive functioning.

Consultation of Test Results: Finally, all the data is compiled and your therapist will provide you with the results in the third session. If you do meet criteria for ADD/ADHD, different treatments options will be provided.

CLINICAL SPECIALITIES:

ADD & AD/HD

EEG NEUROFEEDBACK & BIOFEEDBACK

MOOD DISORDERS:

- ◆ Major Depressive Disorder
- ◆ Bipolar Disorder

ANXIETY DISORDERS:

- ◆ PTSD
- ◆ Panic Disorder
- ◆ Social Anxiety Disorder
- ◆ Obsessive Compulsive Disorder

OTHER CLINICAL ISSUES:

- ◆ Anger Management
- ◆ Poor Self-Esteem
- ◆ Grief and Loss
- ◆ Acculturation Issues

COMPREHENSIVE PSYCHOLOGICAL EVALUATION:

- ◆ Special Accommodations Assessment for Education, Exams, & Employment
- ◆ AD/HD & LD Assessment
- ◆ F-1 Visa Students Psychological Assessment
- ◆ Court-ordered Assessment

OTHER SERVICES AVAILABLE:

- ◆ Korean-Speaking Therapists
- ◆ Tagalog-Speaking Therapist
- ◆ Medication Referrals

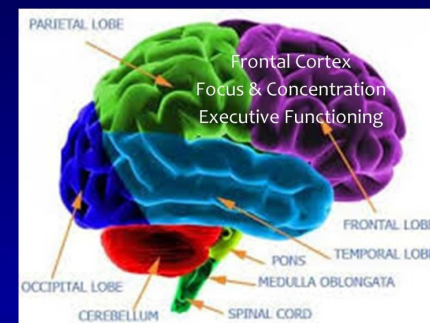
HIPAA compliant & confidentiality strictly maintained

Accepts most major insurances: Aetna, Anthem, Cigna, Blue Shield, Magellan, LA Care . . .

EEG Neurofeedback ■ 뇌파신경치료

AD/HD

Full Psychological Evaluation with T.O.V.A Test EEG Neurofeedback Therapy



According to the Biofeedback Association of North America "EEG Biofeedback" or *Neurofeedback* is employed to modify the electrical activity of the Central Nervous System (CNS) including electroencephalogram (EEG) . . . and other electrical activities either of subcortical or cortical origin."

Neurofeedback is a technique in which we train the brain to help improve its ability to regulate all bodily functions and to take care of itself. By challenging the brain, much as you would challenge your body in physical exercise, we can help your brain learn to function better. A better functioning brain can improve many areas of psychological functioning:

- ◆ It can help you with anxiety and depression, and with problems like migraine or chronic pain.
- ◆ It can be helpful in managing attention and concentration – how well you can persist even at a boring task.
- ◆ It can help you manage such negative emotions as fear, anger, anxiety, worry, resentment, apprehension, temper tantrum, and lack of empathy.